Mark – quick note to thank you and the Derby IAM Team for successfully guiding me through Advanced Rider Training and I am pleased to say I got a PASS !

If anyone is not sure about investing the time... I can highly recommend advanced riding, especially if like me you've had a significant gap. Apart from riding safer while probably making better progress, the whole social aspect is a big plus. Initially it felt a bit strange someone observing everything i did while riding, but it was great that the areas you picked up on were areas i knew that needed improvement e.g. cornering, attend to speed and general observations.

It took me around 10 sessions to get up to the required standards and my time with you certainly beat riding around aimlessly on a Sunday morning on a route you know or "learning" from your mates who may or may not actually be the best role models.

I am sure i still make mistakes, we all do, but I really do feel a more confident and safe rider... all thanks to you !

Cheers Martin Walker